

## Some Recommended Resources

### Food *(available at local Concord Pet & Pet Valu stores)*

- Bravo (frozen raw)
- Taste of the Wild
- Nature's Variety (dry, canned, or frozen raw patties)
- Precise
- California Natural
- Evo (for adults)
- Natural Balance
- Merrick's & Whole Earth Farms
- Chicken Soup for the Dog's Soul
- Solid Gold
- Innova
- Blue Buffalo
- Canidae

### Equipment

- Limited slip collar (Premier is a good brand)
- Comfortable thin 4-6' leash (try cotton)
- Front clip harness (for pulling)
  - Easy Walk, SENSE-ation, others
- Head Halter (for strong pulling/aggression)
  - Comfort Trainer, Gentle Leader, Halti

### Treats

- any kind of meat
- cheese (go easy at first to avoid constipation)
- Happy Howie meat rolls (bullysticks.com)
- Treatco biscuits (bullysticks.com)

### Good Chewies & Toys

- real marrow bones (from the butcher/grocery store)
- knuckle bones from pet supply stores
- bully sticks
- pig ears
- hollow sterilized bones & Kong type toys – stuff with canned dog food, cream cheese, or peanut butter, biscuits, etc. & freeze!
- **Interactive toys** such as Egg Babies, toys with parts that Velcro together (fun to tear apart but you put back together), Intellibone, etc. Pet Valu & Concord Pet Supply have many of these toys – ask them for recommendations

### Pet Supply Websites

- Bullysticks.com (bullysticks, pig ears, bones, etc)
- Petedge.com
- Kvvet.com

## Training & Nutrition Advice

*The Whole Dog Journal* - magazine that reviews dog food & other dog products. Accepts no advertising.

*It's Me or the Dog* – excellent dog training series on Animal Planet

*Reaching the Animal Mind* by Karen Pryor. I found this book to be mind-blowing!

*The Other End of the Leash* by Patricia McConnell (and others by her) – “...provides readers with a new set of techniques for communicating with and understanding their dogs... This is a ‘must read’ for all people who share their lives with a dog.”

*The Power of Positive Dog Training* by Pat Miller (and others by her) – a wonderful and comprehensive book that gives a firm foundation in positive reinforcement training.

*Purely Positive Training* by Sheila Booth – great advice that takes you from puppy training all the way to adulthood & really makes you rethink your relationship with your dog.

*Don't Shoot the Dog* by Karen Pryor – the classic book for learning about positive reinforcement training, whether you are working with a dog, cat, spouse, child, or boss!

*Culture Clash* by Jean Donaldson – winner of the Maxwell Award for Best Dog Training Book. Behaviorist Dr. Ian Dunbar says that it is “Quite simply the best dog book I have ever read!”