



## Some Recommended Resources

### Food (available at local Concord Pet & Pet Valu stores)

- Fromm
- Bravo (frozen raw)
- Taste of the Wild
- Nature's Variety (dry, canned, or frozen raw patties)
- Precise
- California Natural
- Evo (for adults)
- Natural Balance
- Merrick's & Whole Earth Farms
- Chicken Soup for the Dog's Soul
- Solid Gold
- Innova
- Canidae

### Good Chewies & Toys

- bully sticks
- pig ears
- real marrow bones (from the butcher/grocery store)
- knuckle bones from pet supply stores
- hollow sterilized bones & Kong type toys – stuff with canned dog food, cream cheese, or peanut butter\*, biscuits, etc. & freeze!
- Interactive toys Pet Valu & Concord Pet Supply have many of these toys – ask them for recommendations

### Equipment

- Limited slip collar (PetSafe martingale collar has a safety buckle)
- Comfortable, thin 4-6' leash (try cotton)
- Front clip harness (for pulling)
  - Balance Harness (blue-9.com), Front Range (ruffwear.com), Perfect Fit modular fleece harness (cleanrun.com - sold as 3 separate parts)
- Head Halter (for strong pulling/aggression)
  - Comfort Trainer, Gentle Leader, Halti
- Car Harness - Sleepypod.com (*the only harness that passed WDJ's car crash tests*)
- Flush Puppies - flushable/compostable poop bags (Amazon.com)

### Treats

- any kind of meat (especially hot dogs, chicken, meatballs)
- cheese (go easy at first to avoid constipation)
- Nature's Variety meat rolls

### Pet Supply Websites

- Chewy.com (food, bully sticks, pig ears, bones, etc.)
- Petedge.com
- Kvvvet.com

*\* Be sure it's real peanut butter w/o xylitol!*

## Training & Nutrition Advice

***The Whole Dog Journal*** - magazine that reviews dog food & other dog products. Accepts no advertising. You can also follow them on FaceBook or sign up for weekly email tips.

***It's Me or the Dog*** – excellent dog training series on Animal Planet

***Reaching the Animal Mind*** by Karen Pryor. I found this book to be mind-blowing!

***The Other End of the Leash*** by Patricia McConnell (and others by her) – "...provides readers with a new set of techniques for communicating with and understanding their dogs... This is a 'must read' for all people who share their lives with a dog."

***The Power of Positive Dog Training*** by Pat Miller (and others by her) – a wonderful and comprehensive book that gives a firm foundation in positive reinforcement training.

***Purely Positive Training*** by Sheila Booth – great advice that takes you from puppy training all the way to adulthood & really makes you rethink your relationship with your dog.

***Don't Shoot the Dog*** by Karen Pryor – the classic book for learning about positive reinforcement training, whether you are working with a dog, cat, spouse, child, or boss!

***Culture Clash*** by Jean Donaldson – winner of the Maxwell Award for Best Dog Training Book. Behaviorist Dr. Ian Dunbar says it is, "Quite simply the best dog book I have ever read!"

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